

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:42:07 AM by Kathleen McCullough

Menu Cycle: UD MS Breakfast WK1 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[400.00 - 550.00]	443.60	
Fat (g)		7.89	16.01
Sfat (g)(1)	< 10.00 % of Calories	1.92	3.89
TFat (g)(2)		0.00(M)	
Chol (mg)		8.74	
Sodium Target 1 (mg) (13)	< 600.00	460.26	
Sodium Target 2 (mg) (13)	< 535.00	460.26	
Carb (g)		81.20	73.22
TDF (g)		4.22	
Sugars (g)		16.75(M)	15.10
Pro (g)		12.62	11.38
Fe (mg)		1.91	
Ca (mg)		386.09	
A,IU		782.07	
VitC (mg)		4.75	
Mois (g)		69.19(M)	
Ash (g)		0.31(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[8.000 - 10.000]	[12.500 - 15.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	16.500	100.00
Meat/MA		0.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 7:40:03 AM by Kathleen McCullough

Menu Cycle: UD MS Breakfast WK5 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[400.00 - 550.00]	453.82	
Fat (g)		6.88	13.65
Sfat (g)(1)	< 10.00 % of Calories	1.52	3.01
TFat (g)(2)		0.00(M)	
Chol (mg)		9.89	
Sodium Target 1 (mg) (13)	< 600.00	425.96	
Sodium Target 2 (mg) (13)	< 535.00	425.96	
Carb (g)		86.18	75.96
TDF (g)		4.58	
Sugars (g)		18.49(M)	16.30
Pro (g)		12.43	10.96
Fe (mg)		1.95	
Ca (mg)		372.37	
A,IU		708.04	
VitC (mg)		6.18	
Mois (g)		74.00(M)	
Ash (g)		0.34(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.500	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[8.000 - 10.000]	[12.250 - 15.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	16.500	100.00
Meat/MA		0.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MS Breakfast 2018-2019 Day 1 :47252 - Day: 1	1700																
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	1,700	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,700	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 2 :47252 - Day: 2	1700																
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	200	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Bar, French Toast Benefit Bar, 2.5oz, J&J Snack Foods, 40404, 2.25 WG - SR106893 (1 Bar)	1,500	290.00	9.00	2.50	0.00	25.00	200.00	47.00	3.00	21.00	5.00	1.80	40.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	200	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	1,700	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 3 :47252 - Day: 3	1700																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	1,500	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Bar, French Toast BeneFIT Bar, 2.5oz, J&J Snack Foods, 40404, 2.25 WG - SR106893 (1 Bar)	100	290.00	9.00	2.50	0.00	25.00	200.00	47.00	3.00	21.00	5.00	1.80	40.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,500	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	700	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 4 :47252 - Day: 4	1700																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	200	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Strudel, Apple Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127852000, WGR - SR100158 (1 frudel)	1,500	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	5.00	1.08	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	200	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 5 :47252 - Day: 5	1700																
Category: Grains; Choose: 2																	
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	1,500	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 7:40:03 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strudel, Apple Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127852000, WGR - SR100158 (1 frudel)	100	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	5.00	1.08	0.00	0.00	0.00	(M)	(M)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	1,500	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	2.48	1.79	99.22	496.13	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 7:36:51 AM by Kathleen McCullough

Menu Cycle: UD MS Breakfast WK4 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[400.00 - 550.00]	428.77	
Fat (g)		8.77	18.40
Sfat (g)(1)	< 10.00 % of Calories	2.94	6.18
TFat (g)(2)		0.00(M)	
Chol (mg)		18.17	
Sodium Target 1 (mg) (13)	< 600.00	472.45	
Sodium Target 2 (mg) (13)	< 535.00	472.45	
Carb (g)		74.61	69.60
TDF (g)		4.09	
Sugars (g)		12.19(M)	11.37
Pro (g)		13.96	13.02
Fe (mg)		1.64	
Ca (mg)		369.33	
A,IU		701.90	
VitC (mg)		5.49	
Mois (g)		68.52(M)	
Ash (g)		0.48(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.500	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[8.000 - 10.000]	[11.000 - 12.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	15.000	100.00
Meat/MA		1.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

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- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MS Breakfast 2018-2019 Day 1 :47250 - Day: 1	1700																
Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	1,700	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	0	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,700	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	0	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 2 :47250 - Day: 2	1700																
Category: Entrees; Choose: 1																	
Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA - SR101672 (1 oz.)	1,500	60.75	3.04	2.02	0.00	10.13	202.50	1.01	0.00	1.01	7.09	0.00	151.88	405.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	200	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Oatmeal Bites Choc Chip - LR100318 (1 1/4 oz.)	1,500	150.66	6.03	1.00	0.00	0.00	130.57	24.11	2.01	9.04	2.01	0.36	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	200	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	1,700	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 3 :47250 - Day: 3	1700																
Category: Grains; Choose: 2																	
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	1,600	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	700	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 7:36:51 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strawberry nonfat milk - LR100016 (8 serving 8)	0	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	1,600	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD MS Breakfast 2018-2019 Day 4 :47250 - Day: 4	1700																
Category: Grains; Choose: 2																	
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	100	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	1,500	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	1,500	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MS Breakfast 2018-2019 Day 5 :47250 - Day: 5	1700																
Category: Grains; Choose: 1																	
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	1,500	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	100	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 7:33:12 AM by Kathleen McCullough

Menu Cycle: UD MS Breakfast WK3 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[400.00 - 550.00]	493.98	
Fat (g)		8.11	14.77
Sfat (g)(1)	< 10.00 % of Calories	1.71	3.11
TFat (g)(2)		0.00(M)	
Chol (mg)		6.15	
Sodium Target 1 (mg) (13)	< 600.00	459.23	
Sodium Target 2 (mg) (13)	< 535.00	459.23	
Carb (g)		94.23	76.31
TDF (g)		5.78	
Sugars (g)		21.67(M)	17.55
Pro (g)		13.38	10.84
Fe (mg)		2.22	
Ca (mg)		431.29	
A,IU		972.35	
VitC (mg)		6.40(M)	
Mois (g)		91.30(M)	
Ash (g)		0.28(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[8.000 - 10.000]	[8.000 - 11.750](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	16.500	100.00
Meat/MA		[1.000 - 2.000]	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MS Breakfast 2018-2019 Day 1 :47249 - Day: 1	1700																
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	1,700	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,700	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2017-2018 Day 2 :47249 - Day: 2	1700																
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	100	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Bar, Nutri-Grain Cereal Bar Strawberry for Schools, 96/1.55oz, Kellogg's 59772 , WGR - SR106329 (1 Bar)	1,700	160.00	4.00	0.50	0.00	0.00	150.00	30.00	3.00	14.00	2.00	1.80	200.00	750.00	0.00	(M)	(M)
Oatmeal Bites S'mores - LR100317 (1 1/4 oz.)	1,700	150.00	6.00	1.50	0.00	0.00	125.00	24.00	2.00	9.00	2.00	0.36	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 7:33:12 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 3 :47249 - Day: 3	1700																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	1,500	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Bar, Nutri-Grain Cereal Bar Strawberry for Schools, 96/1.55oz, Kellogg's 59772 , WGR - AR1320 (1 Bar)	100	160.00	4.00	0.50	0.00	0.00	150.00	29.00	3.00	14.00	2.00	1.80	200.00	750.00	0.00	(M)	(M)
Oatmeal Bites S'mores - LR100317 (1 1/4 oz.)	100	150.00	6.00	1.50	0.00	0.00	125.00	24.00	2.00	9.00	2.00	0.36	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,500	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	700	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 4 :47249 - Day: 4	1700																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	100	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Yogurt, Trix Strawberry Banana Bash, 48/4 oz, Yoplait, General Mills Inc, 70470-17726, MMA - SR100315 (1 container)	1,500	80.00	0.50	0.00	0.00	5.00	60.00	15.00	0.00	9.00	4.00	0.00	100.00	500.00	(M)	(M)	(M)
Category: Grains; Choose: 1																	
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	1,500	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
UD Chex mix yogurt - LR100295 (1 ea.)	1,500	120.00	3.00	1.00	0.00	0.00	55.00	23.00	2.00	6.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,200	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MS Breakfast 2018-2019 Day 5 :47249 - Day: 5	1700																
Category: Entrees; Choose: 1																	
Yogurt, Trix Strawberry Banana Bash, 48/4 oz, Yoplait, General Mills Inc, 70470-17726, MMA - SR100315 (1 container)	100	80.00	0.50	0.00	0.00	5.00	60.00	15.00	0.00	9.00	4.00	0.00	100.00	500.00	(M)	(M)	(M)
Category: Grains; Choose: 2																	
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	1,500	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
Pastry, Pop-Tarts Frosted Strawberry Made With Whole Grain, 1.76 oz./12/10, Kellogg's, 38000-55130, WGR - SR106318 (1 pastry)	1,500	180.00	2.50	1.00	0.00	0.00	180.00	38.00	3.00	15.00	2.00	1.80	100.00	500.00	0.00	(M)	(M)
UD Chex mix yogurt - LR100295 (1 ea.)	100	120.00	3.00	1.00	0.00	0.00	55.00	23.00	2.00	6.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 12:07:34 PM by Kathleen McCullough

Menu Cycle: UD MS Breakfast WK2 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: 6-8
 Site Group: Middle School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[400.00 - 550.00]	423.05	
Fat (g)		7.28	15.49
Sfat (g)(1)	< 10.00 % of Calories	2.33	4.95
TFat (g)(2)		0.00(M)	
Chol (mg)		15.47	
Sodium Target 1 (mg) (13)	< 600.00	468.51	
Sodium Target 2 (mg) (13)	< 535.00	468.51	
Carb (g)		75.88	71.74
TDF (g)		4.55	
Sugars (g)		15.38(M)	14.55
Pro (g)		13.72	12.97
Fe (mg)		1.80	
Ca (mg)		402.63	
A,IU		769.02	
VitC (mg)		6.03	
Mois (g)		62.50(M)	
Ash (g)		0.30(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[8.000 - 10.000]	[10.500 - 12.500](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	14.500	100.00
Meat/MA		2.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MS Breakfast 2018-2019 Day 1 :47248 - Day: 1	1700																
Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	1,700	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,700	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 2 :47248 - Day: 2	1700																
Category: Entrees; Choose: 1																	
Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA - SR101672 (1 oz.)	1,700	60.75	3.04	2.02	0.00	10.13	202.50	1.01	0.00	1.01	7.09	0.00	151.88	405.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	50	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Oatmeal Bites Choc Chip - LR100318 (1 1/4 oz.)	1,700	150.66	6.03	1.00	0.00	0.00	130.57	24.11	2.01	9.04	2.01	0.36	0.00	0.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD HS Graham crackers - LR100271 (1 pkg.)	50	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	0	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 3 :47248 - Day: 3	1700																
Category: Entrees; Choose: 1																	
Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA - SR101672 (1 oz.)	50	60.75	3.04	2.02	0.00	10.13	202.50	1.01	0.00	1.01	7.09	0.00	151.88	405.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
831316 - BRD: Bagel. White WG 2oz - AR1191 (1 ea.)	1,700	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	25.00	0.00	(M)	(M)
Oatmeal Bites Choc Chip - LR100318 (1 1/4 oz.)	50	150.66	6.03	1.00	0.00	0.00	130.57	24.11	2.01	9.04	2.01	0.36	0.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	1,700	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD MS Breakfast 2018-2019 Day 4 :47248 - Day: 4	1700																
Category: Grains; Choose: 2																	
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	50	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	1,700	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	1,700	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	50	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD MS Breakfast 2018-2019 Day 5 :47248 - Day: 5	1700																
Category: Grains; Choose: 1																	
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	50	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	1,700	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	2.48	1.79	99.22	496.13	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,700	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MS Breakfast 2018-2019 Day 1 :47243 - Day: 1	1700																
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	1,700	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,700	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,700	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 2:47243 - Day: 2	1700																
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	200	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	1,500	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	200	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD MS Breakfast 2018-2019 Day 3:47243 - Day: 3	1700																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	1,500	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	100	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,500	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MS Breakfast 2018-2019 Day 4 :47243 - Day: 4	1700																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	100	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	1,500	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
UD MS Graham crackers - LR100333 (28 g.)	100	120.00	3.00	0.00	0.00	0.00	130.00	22.00	2.00	6.00	2.00	0.72	120.00	600.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	1,500	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD MS Breakfast 2018-2019 Day 5 :47243 - Day: 5	1700																
Category: Grains; Choose: 2																	
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	50	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	1,500	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	2.48	1.79	99.22	496.13	0.00	(M)	(M)
UD MS Graham crackers - LR100333 (28 g.)	1,500	120.00	3.00	0.00	0.00	0.00	130.00	22.00	2.00	6.00	2.00	0.72	120.00	600.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,500	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84